

Champions of YoEUth Dialogue *Infopack*



About the project

The project is aimed at (future) youth leaders who want to explore and develop their identity and communication skills in order to engage them in social dialogue.

The project is divided into four main activities focusing on the themes of identity, relationships and communication, with an emphasis on personal growth and the development of dialogue skills.

The project will enable young people to develop their identity, communication and leadership skills and become active and responsible members of society. Through international exchanges, they will gain valuable experience, strengthen intercultural links and prepare to lead new youth projects.

Project motivation and objectives

The organisations involved in the project have identified the need to reduce social polarisation, reduce conflict and increase the active participation of young people.

The project aims to empower young people through understanding their own identity and communication skills. It also encourages them to actively participate in social dialogue.

The objectives of the project are:

- Development of personal and social identity of the young participants.
- Encouragement of young people's active participation in social dialogue and the search for common solutions.
- Training of new youth leaders who will be ready to take responsibility for the development of new projects after the end of the project.

Participants and eligibility criteria

The project is looking for young participants aged between 19 and 25 (and younger participants aged between 14 and 18 for the third exchange).

We look for people who have an interest in youth work, who have never been involved in European youth work, who have an interest in European and intercultural issues and who believe in the values of personal development, communication, intercultural understanding, social responsibility and active participation.

Participants must have a good command of English and be willing to be actively involved in all project activities.

Project activities

The project consists of 4 main activities:

- Youth exchange The Power of Youth Identity and Communication (Croatia,
- Youth exchange The Power of Youth Social Dialogue (Austria,
- APV - preparatory visit The Power of Group (Slovenia,
- Youth exchange Youth Leadership Dialogue (Slovenia,

The exchange will involve partners from Austria, North Macedonia, Germany, Romania, Portugal, Croatia and Slovenia.

Number of participants:

- **1st Youth Exchange:** 37 in total, including 7 youth workers, 2 trainers and 28 young participants
- **2nd Youth Exchange:** 37 in total, including 7 youth workers, 2 trainers and 28 young participants
- **Preparatory Visit - APV:** 13 in total, including 1 trainer, 6 youth workers and 6 young people
- **3rd Youth Exchange:** 37 in total, including 7 youth workers, 2 trainers and 28 young participants.

Participating countries and partner organisations

- **Slovenia:** Socailna akademija - Institute for education, research and culture
- **Croatia:** Udruga turističkih djelatnika Gorskog kotar "Wondernature"
- **Romania:** Asociatia Zöld Nap
- **Republic of North Macedonia:** Youth association Info front - Prilep
- **Portugal:** Associação de Solidariedade Social Crescer Sem Risco
- **Germany:** Tabana NGO e.V.
- **Austria:** Verein Haus der Stille

Reimbursement of travel expenses

The reimbursement of travel expenses depends on the distance between the place of the sending organisation's headquarters and the place where the activity is carried out.

Distance of Travel	Maximum Amount of Reimbursement	Maximum Amount of travel Reimbursement in Case of Green Travel
Between 0 and 99 km	23 EUR	-
Between 100 and 499 km	180 EUR	210 EUR
Between 500 and 1999 km	275 EUR	320 EUR
Between 2000 and 2999 km	360 EUR	410 EUR
Between 3000 and 3999 km	530 EUR	610 EUR

The distance (taking a single distance value) must be calculated using the [European Commission's distance calculator](#).

1st Youth Exchange: The Power of Identity and Communication

The first exchange will take place in the Gorski Kotar Mountains, where participants will explore themes of internal identity and communication in a natural environment. The aim is to empower young people to explore and develop their own potential and to strengthen self-confidence and constructive communication.

- **Location: Croatia, Gorski Kotar, Delnice**
- **Start date: 29/07/2024**
- **End date: 3/8/2024**
- **Duration (excluding travel): 6 days**

The location of this activity was chosen because of its location in Gorski Kotor, in the heart of nature, forests, lakes and are no strangers to personal growth. In the first step, we will address the topics of the Identity - Relationship - Communication theme.

The exchange focuses on the first step of young people's active involvement in society at local, national and EU level. The abundance of unspoilt nature will give us a more authentic entry into the first theme, which deals with inner-psycho themes.

For a constructive social/societal dialogue, we need empowered young people who are clear about their identity - personal, social, cultural, political - and who have communication skills that build dialogue rather than tear it down, i.e. young people who have a level of dialogue that works from the inside out.

One of the most important objectives of this project activity is to empower young participants to explore and develop their own potential and to strengthen their own identity, self-confidence and constructive communication in an international learning environment, so it is important that the project participants understand the importance of personal learning and development.

Content of the program:

- identity, self-esteem, self-respect and respect for others
- teamwork and acceptance of differences
- competences for youth leaders
- understanding the needs and environment of others



2nd Youth Exchange: The Power of Youth Social Dialogue

The second exchange will focus on the themes of polarisation, dialogue, community and co-creation. Activities will take place in the House of Silence, where participants will explore civil, intercultural and interreligious dialogue and learn how to regulate emotions in difficult situations.

- **Location:** Austria, Heiligenkreutz am Wassen
- **Start date:** 24/03/2025
- **End date:** 29/03/2025
- **Duration (excluding travel):** 6 days

In the second step, we will look at the themes of POLARISATION - DIALOGUE - COMMUNITY - COOPERATION.

The story of the location of this youth exchange, House of Silence, coincides with our second theme of the civic, intercultural, interreligious dialogue, the pitfalls of polarisation and the importance of co-creating and building communities that Respects diversity.

Content of the program:

- the transition from personal to community identity
- Dialogue: civil, intercultural and interreligious
- regulating emotions in difficult dialogue
- polarisation
- co-creating communities
- managing youth projects (exchanges).

Preparatory Visit: The Power of the Group

The preparatory visit will give the young leaders the opportunity to identify themselves in their new roles and prepare for the implementation of the third exchange. Participants will build teams, develop the programme and agree on the logistical aspects of the third exchange.

- **Location: Slovenia**
- **Start date: 01/07/2025**
- **End date: 02/07/2025**
- **Duration (without travel): 2 days**
- **Number of participants: 13**

The participants in the preparatory visit are:

- 2 persons from each partner/sending organisation: 1 mentor and 1 young person
- 1 trainer from the host organisation

One of the three key objectives of the project is related to the formation of new youth leaders. This objective is mainly driven by the needs of the partner organisations to strengthen the "youth for youth" or "youth-led" youth work approach in practice.

The participants who will take part in the first two exchanges will, in the vast majority of cases, not have had any previous youth experience.

They will already be in charge of the implementation and the transfer of what they

have learned to the new, younger participants.

Objectives of the preparatory visit:

- **Participants identify themselves as youth leaders.** The preparatory visit will be an opportunity for some of the participants in Exchanges 1 and 2 to meet for the first time "for real" in their role as practitioners.
- **Providing young people with the competences to carry out youth activities.** Through the project process, young people will be invited to take on active roles. To this end, they will also be provided with the competences to carry out youth activities during the second exchange, the preparatory visit and the preparation in the respective organisations.
- **Building a team for the third youth exchange.**
- **Preparing the programme for the 3rd exchange and agree on the logistical aspects.** Through the process of preparing the programme and agreeing on logistical aspects, participants will also learn which elements of the programme need to be taken into account for the quality development of the group dynamic and which aspects need to be taken into account to achieve the safety and well-being of the participants.



3rd Youth Exchange: Young People - Leaders of Dialogue

The third exchange will take place in Želimlje, where young leaders trained in the previous activities will deliver a programme for younger participants. The focus will be on the development of youth work and the theme "Youth-led youth work".

- **Location: Slovenia, Želimlje**
- **Start date: 18/08/2025**
- **Closure date: 23/08/2025**
- **Duration (excluding travel): 6 days**

We've chosen this venue for its unique blend of accommodation – a student dorm nestled in nature, yet conveniently close to Ljubljana. Here, the synergy between youth work and dormitory life fosters a culture of Youth-led youth work, providing an ideal backdrop for our discussions and activities.

The activities of this exchange are focused on the fourth step of active involvement of young people in society, which takes place in the field of youth work development and addresses the theme of Youth-led youth work. The program is dedicated to empowering young people in the realm of youth work, with a particular focus on nurturing clear identity, effective communication, and strong leadership skills. Through a mentoring process, experienced participants guide newer ones, igniting their passion and growth in this field.

Each partnering organization is invited to send up to 2 experienced participants (that attended the previous youth exchanges as well as APV), alongside younger members who will benefit from mentorship by emerging youth leaders. Together, they will implement activities outlined during the Advance Planning Visit (APV), tailored to the needs and aspirations of the group.

Overseeing this process are two experienced trainers, who not only provide support and guidance but also facilitate the execution of activities during the 3rd Youth Exchange. Through their mentorship, they help shape emerging leaders and contribute to the overall success of the program.

Content of the program:

- personal and EU identity
- the power of communication
- the power of dialogue and the regulation of emotions in dialogue
- polarisation: what, why, how
- the importance of co-creation - building the new together
- the power of community

Need more info?
Contact us and we will gladly help you!

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